

MEX1 Heel Pain Treatment Outcomes for Adults Outcome Measure Decrease in Heel Pain Level

Percentage of patients aged 18 years and older with a diagnosis of heel pain who had two or more encounters in the past year

2018 OPTIONS FOR INDIVIDUAL MEASURES:

MedXpress, SCG Health

NATIONAL QUALITY STRATEGY DOMAIN: Communication and Care Coordination

MEASURE TYPE: Outcome

INSTRUCTIONS:

This measure is to be reported each visit for patients with heel pain seen during the reporting period. Documentation of pain level in patients with heel pain to evaluate change in reported heel pain over time with treatment of heel pain. The Pain Scale should be reported using the standard 1-10 Pain Scale.

DENOMINATOR:

Denominator criteria (Eligible Cases):

Patients age 18 years or older on the date of initial encounter

AND

Diagnosis for heel pain (ICD-10-CM):

M77.31, M77.32, M72.2, Q66.0, Q66.1, Q66.21, Q66.22, Q66.3, Q66.4, Q66.7, Q66.50, Q66.51, Q66.81, Q66.82, M92.61, M92.62

AND

Patients who have had at least two visits during the reporting period

AND NOT

Clinician documented that patient was not an eligible candidate for evaluation of heel pain. For example, a patient has condition that would not allow them to accurately respond to a pain level exam or the patient has previously documented peripheral neuropathy with loss of protective sensation

NUMERATOR:

Patients who had a visit with heel pain as a diagnosis within the past 12 months

Definition:

Heel Pain Evaluation – Consists of a documented evaluation of patient reported pain level utilizing a standardized pain scale

Numerator Options:

Performance Met:

Heal Pain Decreased Mildly (**MX003**)

<i>Performance Met:</i>	Heel Pain Decreased Moderately (MX004)
<i>Performance Met</i>	Heel Pain Decreased Significantly (MX005)
<u>OR</u>	
<i>Performance Not Met</i>	Heel Pain Level Not Documented (MX006)
<i>Performance Not Met</i>	Heel Pain Not Decreased (MX007)

WHAT DATA SOURCES ARE USED FOR THE MEASURE? Administrative clinical data, Claims, Paper medical record, Prescription Drug Event Data Elements, Record review

STEWARD: MedXpress

OF PERFORMANCE RATES TO BE SUBMITTED IN THE XML: 1

Indicate an Overall Performance Rate if more than 1 performance rate is to be submitted: NA

INVERSE MEASURE: No

PROPORTION MEASURE SCORING OR CONTINUOUS MEASURE SCORING

RISK ADJUSTED: No

RATIONALE:

Heel Pain and Heel Spurs are a common complaint of patients. A CDC report of July 2, 2013 relates that the prevalence of lower limb pain for persons Aged 18 and over is 7.0 (https://www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm). There are limited studies on the impact of heel pain and the efficacy of treatment modalities (<https://www.ncbi.nlm.nih.gov/pubmed/19501805>). The standardization of documentation of heel pain and the collection of heel pain levels and treatment modality information would allow for determination of the most effective modalities for the treatment of heel pain in adults over the age of 18.

CLINICAL RECOMMENDATION STATEMENTS:

Recognizing that heel pain is a common cause of short term disability, associated with decreased productivity, temporary gait abnormalities which can result in compensatory injuries and significant discomfort for individuals and that there is very limited information available to determine which treatment options are the most effective therapies to alleviate heel pain. This measure has been developed to evaluate the efficacy of various modalities utilized to treat heel pain.

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